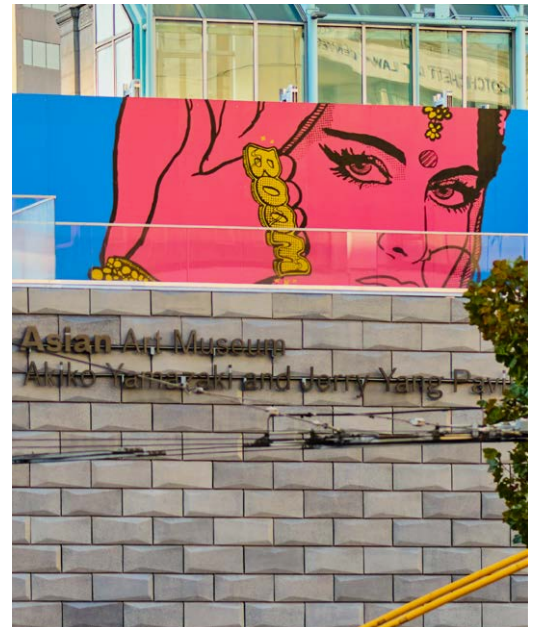


## ACTIVITY

# Reflection: Inside/Outside



## Introduction

Visible from Hyde Street outside the Asian Art Museum are Chanel Miller's *I was, I am, I will be*, Jas Charanjiva's *Don't Mess With Me*, and Jenifer K Wofford's *Pattern Recognition*. Each mural addresses feminist issues, such as challenging the binary of expected gender roles and creating safe and empowering public spaces. Like these artists, we can all sometimes feel restricted by other people's perceptions of us. How do others view you? How do you view yourself?

Left: View of the Asian Art Museum from Hyde Street featuring *I was, I am, I will be* (detail), 2020, by Chanel Miller (American, b. 1992). Process color print on vinyl. Commissioned by the Asian Art Museum of San Francisco, courtesy of the artist. © Chanel Miller and *Pattern Recognition* (detail), 2020, by Jenifer K Wofford (American). Acrylic on aluminum. Commissioned by the Asian Art Museum, courtesy of the artist. Right: View of the Asian Art Museum from Hyde Street with *Don't Mess With Me* (detail), 2013/2020, by Jas Charanjiva (Indian and American, b. United Kingdom, 1972). Acrylic and latex on marine plywood. Commissioned by the Asian Art Museum, courtesy of the artist. Photographs © Asian Art Museum of San Francisco.

## DURATION

15–20 minutes

## MATERIALS

Reflection: Inside/Outside worksheet or piece of paper  
Pencil, color markers, or crayons  
Printer (optional)

## PROCEDURE

- ① Print out the Reflection: Inside/Outside worksheet, or draw a large box on a piece of paper.
- ② In the space outside the box, use words, drawings, or emojis to illustrate how you believe others view you. (5 minutes.)
- ③ Inside the box, use words, drawings, or emojis to illustrate how you see yourself. (5 minutes.)
- ④ Reflect:
  - a. How does it feel to look at the outside of your box in comparison to the inside of the box?
  - b. What would you change about or add to the outside of your box, if anything?
  - c. What would you change about or add to the inside of your box, if anything?

Like these artists, we can all sometimes feel restricted by other people's perceptions of us. How do others view you? How do you view yourself? In the space outside the box, draw or write how you think others perceive you. On the inside of the box, draw or write how you see yourself.

